

BCU Awarding

Advanced Water Endorsement

Course Guide

BCU Advanced Water Endorsement Course Guide

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Introduction

The BCU Advanced Water Endorsement (AWE) is designed for Coaches who wish to plan, deliver, and review progressive coaching sessions (normally 6 session progressions) in the advanced water environment. The Award is available in white water kayak, white water canoe, open water canoe, sea, and surf.

The Advanced Water Endorsement Remit

A BCU Coach with AWE may coach in the specific advanced water conditions of their discipline as per the BCU Terms of Reference definitions.

Learning Outcomes

The aim of the BCU AWE programme is to develop coaches so they can plan, deliver, and review, progressive coaching sessions in their discipline specific advanced water environment.

BCU Coaches with the AWE have been trained to coach the skills outlined in the BCU 4 and 5 Star Awards for the discipline concerned, taking into account the technical, tactical, physiological, and psychological requirements.

The coaching behaviours link to the BCU (UKCC) Level 2 Certificate in Coaching Paddlesport, and include;

- Session planning
- Establishing a safe coaching environment
- Preparing participants for coaching sessions
- Establishing and maintaining working relationships with participants and others
- Delivering coaching sessions
- Developing participants' performance
- Concluding sessions
- Evaluating participants' performance and the effectiveness of sessions

Further details of the learning outcomes and assessment criteria are available in the BCU AWE Course Criteria and Unit Specification.

Time to Complete

- Training** The AWE Training is run over a minimum of 2-days; Training Directors can extend this if they wish.
- Assessment** The AWE practical assessment will normally take place over 1 day; however the course introduction and welcome will happen the evening before the assessment day.

Staffing Requirements

The Training or Assessment Director is the person responsible for running your AWE; they will introduce themselves at the start of your course and help you through the learning experience.

A registered BCU AWE Provider may deliver BCU AWE Training and Assessment. Registration to become a BCU AWE Provider is open to Moderate Water Endorsement Providers who are also registered 5 Star Providers (both in the relevant discipline).

Specific Learning Needs

Candidates with any special learning requirements are advised to inform their course provider so they can be appropriately catered for during the course, as per the BCU Reasonable Adjustments Policy, this is best done prior to the course.

Training Course Prerequisites

Evidence checked at registration;

- BCU Moderate Water Endorsement in the relevant discipline
OR BCU (UKCC) Level 3 Coach in the relevant discipline
OR BCU Level 3 Coach (in the relevant discipline) **AND** one of the following completed within the previous 5 years;
 - BCU Coaching Process
 - 2 Day BCU (UKCC) Level 2 Transfer
 - BCU (UKCC) Level 2 Training
- BCU 5 Star Leader, or 5 Star Award in the appropriate discipline
- 18 years of age or older
- A valid and recognised 2-day (minimum) first aid award

Evidence checked at Training;

- A minimum of 20 logged coaching hours in the moderate water environment, after achieving BCU Moderate Water Endorsement (or equivalent qualification)
- A minimum of 20 leading hours in the specific advanced water environment, after achieving 5 Star

Assessment Prerequisites

Evidence checked at Assessment;

- Valid AWE Training – Candidates first assessment attempt must be completed within 2 years of training (for unsuccessful candidates a second assessment must be completed within 12-months of first assessment attempt)
- A minimum of 15 days coaching in the specific advanced water environment after AWE Training; this must include 6 linked progressive coaching sessions with evidence of session plans and reviews, and activity in a minimum of 3 different geographical areas. This will be checked via Candidates' coaching logbooks
- A valid and recognised 2-day (minimum) first aid award
- Valid CR Form

Candidates are required to take ORIGINAL evidence of the above prerequisites to their final assessment.

Candidate Registration

Training: Candidates need to register with their Home Nation Association a minimum of 2 weeks prior to their AWE Training. A Course Registration (CR) form is available from the Home Nation office. Registration costs £17.50 and covers the administrative costs associated with the course. To have registration approved Candidates must meet the prerequisites. Candidates are then required to bring their completed and stamped CR Form to their AWE Training.

After successful completion of AWE Training the Provider signs the Candidates CR Form and returns it to their Home Nation Association. This is then returned to the Candidate ready for assessment.

Assessment: Candidates must take their stamped CR Form to their AWE Assessment. At assessment, the Provider will sign it and send it back to the Home Nation Association.

Accreditation of Prior Learning (APL)

Candidates who have covered the training or assessment prerequisites of the BCU AWE through alternative experiences can apply to the BCU Awarding Body for Accreditation of Prior Learning (APL) in order to be granted direct entry to Training or Assessment. See BCU APL Document for further advice. Evidence may be acquired through additional study, employment, or voluntary work that relates to the specific award.

Governing Body Recognition

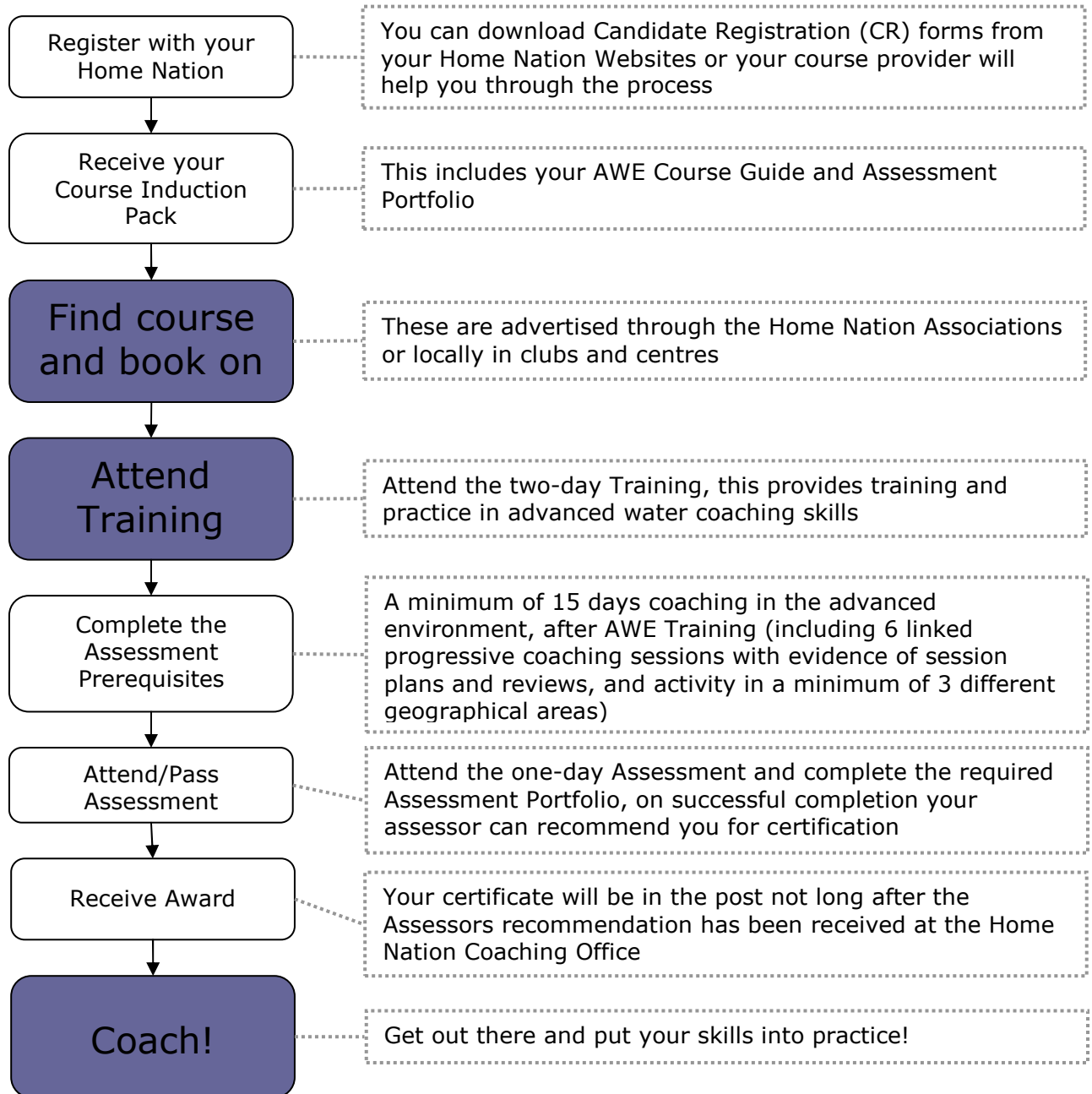
In order to be recognised as a current and active Coach, Candidates must meet their Home Nation Coach Update requirements of the time.

Assessing BCU Awards

A BCU Coach with AWE can work towards becoming a 3 or 4 Star Assessor within their specific discipline; in order to achieve provider status they are required to work through the relevant BCU Assessor Logbook.

The Road to Certification

Once you have decided that the AWE is for you, let's look at how you go about it! This flow diagram describes each step Candidates need to go through to achieve to certification;



Contact Details

Further information can be obtained from the Home Nation Associations or from BCU Awarding Body;

Canoe England

18 Market Place
Bingham
Nottingham NG13 8AP
Tel: 0845 370 9500
Email: coaching@bcu.org.uk
Website: www.canoe-england.org.uk

Scottish Canoe Association

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1 Red Heughs Rigg
South Gyle
Edinburgh EH12 9DQ
Tel: 0131 317 7314
Email: coaching@canoescotland.com
Website: www.canoescotland.com

Canoe Wales

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Bala
Gwynedd LL23 7NU
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Fax: 01678 521158
Email: nigel.midgley@canoewales.com
Website: www.canoewales.com

Canoe Association of Northern Ireland

Unit 2 Rivers Edge
13-15 Ravenhill Road
Belfast BT6 8DN
Tel: 0870 240 5065
Email: office@cani.org.uk
Website: www.cani.org.uk

British Canoe Union Awarding Body

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